COMPREHENSIVE PEDIATRIC MEDICAL HISTORY

Confidential Medical Record – Unauthorized Use Strictly Prohibited

Patient Name			Date		
Street Address		City/State	I	Zip Code	
Guardian Home Phone	Guardian Work Phone	G	uardian Cell Pho	ne/Pager	
()	()	(()		
Email Address	Date of Birth	Current Age:			
Social Security #	Method of Pa	ayment			
Mothers Name:	Fath	ner's Name:			
Legal Guardian:	Oth	er:			
Patient's Personal Physician:		Тур	oe of Doctor:		
Doctors Phone #:	Date of Child's Last Diagnosis:	Exam:			
Insurance Information:					
Name or Insurance Company	Billing Address	Policy # and Subscriber			
Referred by:					
Patient Name:	Physician Name	-	Other		
	CONSENT OF TREATM	ENT OF A MINOR			
I hereby authorize Ross Solis DC, DACN					
20 Signature:	Witnessed:				
	IN CASE OF EM	ERGENCY			
Name of relative or close friend not living					
Home Phone	Work Phone		Cell Phone		

PERSONAL HISTORY Completed by:

Height Ft.	Inches	Weight	Lbs.	Perce	entile Rank	Σ	
Current School Gra	nde:	Private School	Public S	chool	N/A	Other	
Academic Perform	ance: Not in School	Remedial/Special	Ed Below A	Average	Averag	ge	Above Average
Number of weeks g	gestation: Pre-	erm # of weeks	_ Full term	n (38-40 wks)	Post t	erm - # of	weeks
•	VD-induced	C-Section	Complications:	No Yes			
Birth Weight:	lbs	oz. Apgar So	core:				
Was child breast fe	d? Yes # of months_	No I	Formula/Type:				
At what age was ch	nild introduced to solid f	foods?	Any negat	tive reactions?	No	Yes	
Estimate courses of	f antibiotics during 1st y	ear of life:		Total si	nce birth:_		
How many bowel r	novements a day on ave	rage? Frequent	ly constipated	1 2	3	Greater t	han 3
Does child have un	digested food in stool?	No	Occasionally	Often	Alway	S	
Immunizations: N	None Some			All in	mmunizatio	on up-to-da	te for age
Did child have read	etion(s) to any immuniza	tions? No	Yes Explain:				
p f	ild first sit-up? point to objects? first crawl? first walk?		Average E erage Delaye	Delayed Delayed d Other Other			
Does child seem to Does child avoid or	· · · · · · · · · · · · · · · · · · ·		•	Yes Yes			
Motor skills are con Speech is considered		_	elayed Other Other				
How many hours/n	ight does child sleep on	average? <4-5	6–7 7–8	9–10 10+ I	s sleep dis	turbed?	No Yes
Rate the quality of	sleep? 13- (Poor)	456 (Avera		-910 (Excellent)			
Does child have nig Does child have da	ght terrors? rk circles under eyes?	Never No Occasionally	Rarely Often	Som	etimes	Often	

Does child have any unexp Does child have a chronic v Does child have dry skin or	whitish o	r brown	•		that c		brushed off		No Sometimes Often No Yes
Does child seem to have ex	cessive t	hirst?	No	Somet	imes	Yes			
Does child seem "addicted"	" to suga	rs, sweet	s and car	bohydrat	tes?	No	Somet	imes	Often
Does child get headaches a	fter eatin	ig sugar,	bread, pa	asts, fruit	, or ce	real?	Never	Somet	imes Often
Has child's language skills	seem to	have reg	ressed?	No	Poss	ibly	Yes		
MATERNAL HISTORY									
Age of mother at pregnancy	y?			_# Pregr	nancy:	First	Second	Third	Fourth Other
Did mother have any media	cal probl	ems PRIO	OR to pro	egnancy?	?				
Did mother smoke during p	-				_	_			
Did mother drink alcohol d	uring pre	egnancy?		Never	Yes	Type:	Wine	Beer	Liquor # drink/wk
Maternal complications durable Did mother take any medic	01 0				•				tes Pre-eclampsia Eclampsia
HAS CHILD (not a family ADD or ADHD	<u>y memb</u> Never		R BEEN Yes:						
Allergies/Hayfever	110101	Never		Yes:					
Asperger's syndrome (AS)		Never		Yes:					
Asthma		Never		Yes:					
Anemia		Never	Past	Yes:					
Autism	Never	Past	Yes:						
Bladder/Urine Infection (U	/	Never		Yes:					
Blood Pressure Problems	Never	Past	Yes:						
Bronchitis/Pneumonia		Never		Yes:					
Colitis/Crohn's Disease		Never		Yes:					
Croup		Never		Yes:					
Cystic Fibrosis		Never		Yes:					
Developmental Delay	Nich-4-	Never		Yes:					
Diabetes Type I (Juvenile I	nabetes)			Yes:					
Dysentery/Food Poisoning		Never Never		ves:					
Dyslexia Ear Infection (Otitis Media)	Never		Ves:					
Easy Bruising)	Never		Yes:					
Eating Disorder	Never		Yes:						

Hep C
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ish Strawberries

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MEDICATIONS: Is child cur. Please List	•	• ,		•	nued) any PRESC	CRIBED m	nedications?	
OPERATIONS AND HOSPIT	<u> FALIZA</u>	TIONS:	No	Yes Yr	Description			
<u>DEVICES</u> : Please circle any o	of the fol	lowing th	at the	child util	izes:			
Ear Tubes, Eyeglasses, Contact	Lenses,	Dental B	Braces,	, Back Bra	ice, Knee Brace, N	leck Brace	e, Implants, and/or Shun	ıt.
How is child's dental health?	Excell	ent Go	ood	Fair I	Poor			
Has child had EYE exam? Has child had HEARING exam	No n? No	Yes Da Yes Da	ate La ate La	st Exam_ st Exam_				
TESTS: Has child ever had an No Yes Yr/Test/Result	-			_	ım, PET-scan, EKC		Scan (circle which test)) of:
FAMILY HISTORY: Has any	/ blood r	elative (N	OT C	CHILD) ev	ver had any of the f	following	?	
ADD/AD(H)D Arthritis				Relation				
Asperger's Symdrome (AS)		No	Yes	Relation				
Asthma		No	Yes	Relation				
Autism	No	Yes Re	elation					
Bleeding Disorder		No	Yes					
Bipolar Disorder		No	Yes	Relation				
Cancer	No	Yes Re	elation					
Developmental Delay		No	Yes					
Diabetes Type I / II		No	Yes	Relation				
Emphysema		No	Yes	Relation_				
Hepatitis B or C	No	Yes Re	elation	1				
Hypothyroidism	No	Yes Re	elation	l				
Learning Disability		No	Yes	Relation				
Mental Illness/Suicide		No	Yes	Relation_				
Migraine Headaches		No	Yes	Relation				
Multiple Sclerosis	(0.00)			Relation				
Obsessive Compulsive Disorde	r (OCD)			Relation				
PDD				Relation_				
Siezure Disorder/Epilepsy		NO NI-	Yes	Relation_				
Speech Delay Tourette's Syndrome		No No	Yes Vac	Relation_				
Tourette's Syndrome		NO	168	Kelation				
DIET AND NUTRITION : Do	oes child	consume	e anv	of the follo	owing?			
Milk Dairy			•		ox glasses/day			
Difficulty digesting Milk/Dairy						/Gluten		
containing grains/cereals No			, -	2.001				
Soda/Cola	-		Oft	en Appro	ox glasses/day		Type	
Juices-Orange/Apple	No	,		11	Rarely		Often	Approx
20 Stangert Ppie		sses/day_						1 PPION
Water directly from Tap			v S.	ometimes	Mostly			
· · · · · · · · · · · · · · · · · · ·		•	•		•	1, Tof.	Con Protein Times /W-	ماد
Soy-Containing Foods	110	Occasi	onany	Onen-	- (Circle) Soy milk	k 101u	Soy Protein Times/Wee	·

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How many meals plus snacks per day does child eat on average? 5 Graze Does child eat fruits and vegetables? Frequently Rarely Almost Never How many times/week, on average, does child eat Fish/Seafood? More than 3 Rarely 1 - 2X/WkAlmost Never Which Fats/Oils does child consume? Butter Olive Oil Coconut Oil Flax Oil Safflower Oil Sunflower Oil Peanut Oil Grape Seed Oil Macadmaia Oil Mayonnaise Margarine Crisco Corn Oil Soybean Oil Canola Oil Is Child in any special diet? Dairy-Free Wheat/Gluten-Free Yeast-Free Feingold Low Carbohydrate High Protein No Special Diet Other: What diet type does child primarily consume? High Carbohydrate – Bread, pasta, cereal, rice, potatoes, juices, sweets, etc High Protein – Meat, fish, fowl, eggs, nuts, etc. Vegetarian – No meat at all No Special Diet – Large variety of protein, vegetables, and carbohydrates Please list the foods in child's "usual" (Please be specific): Breakfast Lunch Dinner Snacks Other Name the five foods consumed MOST frequently (Please be specific) 2. _____ 3. _____ List all vitamins, minerals, herbs, amino acids, and nutritional supplements (with dose) you are taking on a regular basis: 1. _______ 6. _____

 2.
 7.

 3.
 8.

 9. 4. *Directions: Circle impression of the following using grading system "0" not at all to "10" very severe. Psychological/Emotional Seems angry at times 0 1 2 3 4 5 6 7 8 9 10 Seems depressed 0 1 2 3 4 5 6 7 8 9 10

0 1 2 3 4 5 6 7 8 9 10

Picks on other children

Poor memory

Forgetful about school assignments and tasks

Makes careless errors or mistakes

 $0 \ 1 \ 2 \ 3 \ 4 \ 5 \ 6 \ 7 \ 8 \ 9 \ 10$

0 1 2 3 4 5 6 7 8 9 10

0 1 2 3 4 5 6 7 8 9 10

Poor penmanship	0 1 2 3 4 5 6 7 8 9 10
Has trouble following teacher instructions/group direction	0 1 2 3 4 5 6 7 8 9 10
	Score
MAIN REASON AND GOALS OF APPOINTMENT:	
commitments and modifications for your child in order to signifi disorder.	ne necessary lifestyle, medical, dietary, supplement, and nutrition cantly impact the typical "natural" course of current disease or ikely I can make major changes I can do almost everything it may
Do you freely choose and desire Complementary/Integrative/Alte understand that along with the significant benefits that can often inherent risk? YES NO	
To the best of my knowledge all of the above information is true	and accurate.
Parent/Guardian Signature:For Patient:	Date:
POLEMBEIL	Date: